



Faith @ Play

These resources are to help you play and explore faith together when you can't go to church or to your toddler group. They are designed for children under 5. You can choose which activities you would like to do. Have fun spending time with each other and with God!

Week 1 : Jesus calms the storm

Play together....

You will need: a bowl or tray that you can fill with water and some different objects that can get wet – you might want to do this outside and wear clothes that can get wet too!

- + Fill your bowl or tray with some water
- + Find different objects around your house and garden and put them in the water to see if they float or sink – which ones float best?
- + Splash the water gently and watch what happens to the objects. Do they move fast or slow?
- + Splash the water harder and see what happens now! Do the objects move faster? Do they stay afloat?
- + Try to blow the water hard to make it move (you could use a straw to do this) – can you make waves?

Sing together....

If you usually sing songs in your toddler group, you might like to try:

Mr Tumble's Nursery Rhymes:

<https://www.youtube.com/watch?v=iyIDg6m4gA0>

Super Simple Songs:

<https://www.youtube.com/watch?v=D7MhgeV9yA8>

If you'd like to sing and dance to some Christian music at home, try:

Rend Co Kids:

<https://rendcokids.com/>



Listen to a story....

+ If you have a toddler-friendly Bible, you could **read the story together** – the Beginner's Bible for Toddlers and the Candle Bible for Toddlers are both good (you can buy them on Amazon or Eden.co.uk)

+ If you don't have a Bible at home, **watch the story together** on KidsHubTV

<https://www.youtube.com/watch?v=ZzPwRXytr7U>



Talk about....

What makes you feel scared or worried?

What helps you feel calm?

When we feel scared it can make us feel like we're sinking or being tossed about by waves. But God promises to be with us when we are scared. He can calm the waves and he can calm us too. He will keep us afloat. We can feel calm because we know God loves us and we can trust him to keep us safe.



Make together.....

If you usually do craft in your group, you might like to make something together.

You will need: a clear bottle or jar and some glitter (if you don't have glitter you could try using rice)

+ Carefully put some glitter into your bottle or jar (you might want to use a small spoon!)

+ Fill your bottle or jar with water.

+ Seal the lid of your bottle or jar VERY tight! (you might want to put some tape round it)

Think about what makes you feel worried or scared. Shake your bottle and watch the glitter float. As you watch the glitter sink and settle, remember that we can feel calm because God is always with us.

Pray together.....

An adult can say these words and you can do the actions together.

God, sometimes things happening around us make us feel scared
(clench your fists tightly)

They make us want to run and hide
(curl up in a ball)

But we know you are with us and you promise to keep us safe
(cup your hands like you are holding something fragile)

Help us to remember that you love us
(cross your hands over your chest)

Amen

Jump up as high as you can and say 'amen' together!

Move together.....

Play some music and move around like you're being tossed by the waves.

When the music stops, lie down, calm and still.

Play again until you get tired!