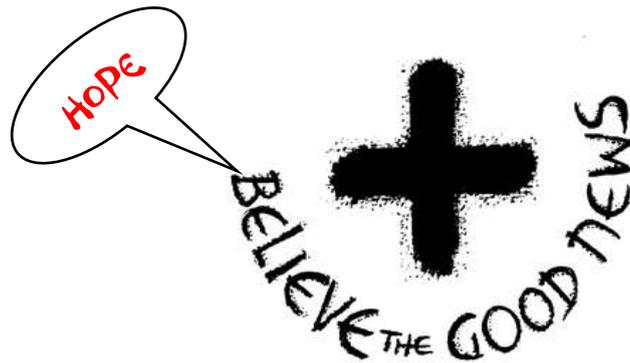


The Meon Bridge Benefice

Deepening Faith - Seeking to Serve - Growing for God

Welcome Everybody! - Everybody Welcome!



PRAYERS IN OUR TIME:

PANDEMIC

Be Still and know that I am God.

The God of Hosts is with us.

You are invited light a candle and say:

I light this candle to remind me that you are the light of the world.
May your light remove all darkness from my life. Amen.



In light of the Government guidance around non-essential contact, the Archbishops of Canterbury and York have issued advice that public worship is suspended until further notice. So this resource is designed you to sustain your prayer life or to develop a new one.

Night Prayer

Make a habit of starting your prayers in particular way, perhaps lighting a candle and sitting quietly to still yourself.

The eternal God is your refuge,
and underneath are the everlasting arms. Deuteronomy 33.27

Opening Sentences

The Lord almighty grant us a quiet night and a perfect end. Amen.

Our help is in the name of the Lord
who made heaven and earth.

Spend a few moments remembering that God is with you and that He loves you and what a wonderful privilege it is that the Lord of all creation desires to come to you.

Save us, O Lord, while waking,
and guard us while sleeping,
that awake we may watch with Christ
and asleep may rest in peace.

Lord, I welcome your presence.
Holy, Holy, Holy Lord, God of power and might.
Heaven and earth are full of your glory. Hosanna in the highest.

*Pause and reflect on what has happened to you today – roll the day back to its beginning.
Speak out your feelings to God, as one trusted friend to another and as if sitting beside you.
Thank God for his care of you.*

Tell Him what you have done wrong ending with these words:

Almighty God,
I have sinned against you, through my own fault,
in thought, and word, and deed,
and in what we have left undone.

I am truly sorry and repent of all my sins.
For your Son our Lord Jesus Christ's sake,
forgive me all that is past;
and grant that I may serve you in newness of life
to the glory of your name. Amen.

Pause in quiet to receive and accept God's forgiveness.

**Be Still and know that I am God.
The God of Hosts is with us.**

Night Prayer

Bible Readings & Prayers

You may wish to say here the psalm given below, or Psalm 27, or another chosen psalm.

Psalm 91

1. Whoever dwells in the shelter of the Most High and abides under the shadow of the Almighty,
2. Shall say to the Lord,
'My refuge and my stronghold, my God, in whom I put my trust.'
3. For he shall deliver you from the snare of the fowler
and from the deadly pestilence.
4. He shall cover you with his wings
and you shall be safe under his feathers;
his faithfulness shall be your shield and buckler.
5. You shall not be afraid of any terror by night,
nor of the arrow that flies by day;
6. Of the pestilence that stalks in darkness,
nor of the sickness that destroys at noonday.
7. Though a thousand fall at your side
and ten thousand at your right hand,
yet it shall not come near you.
8. Your eyes have only to behold to see the reward of the wicked.
9. Because you have made the Lord your refuge
and the Most High your stronghold,
10. There shall no evil happen to you,
neither shall any plague come near your tent.
11. For he shall give his angels charge over you,
to keep you in all your ways.
12. They shall bear you in their hands,
lest you dash your foot against a stone.
13. You shall tread upon the lion and adder;
the young lion and the serpent you shall trample underfoot.
14. Because they have set their love upon me,
therefore will I deliver them;
I will lift them up, because they know my name.
15. They will call upon me and I will answer them;
I am with them in trouble,
I will deliver them and bring them to honour.
16. With long life will I satisfy them and show them my salvation.
Glory to the Father and to the Son and to the Holy Spirit;
as it was in the beginning is now and shall be for ever. Amen.

***Be Still and know that I am God.
The God of Hosts is with us.***

Night Prayer

You may wish to use one of the following short readings or choose a passage of your own.

Sunday Evening Reading

You, O Lord, are in the midst of us, and we are called by your name; leave us not, O Lord our God. Jeremiah 14.9

Sunday Evening Prayer

Lord Jesus Christ, you said to your disciples, 'I am with you always'.
Be with me today, as I offer myself to you.
Hear my prayers for others and for myself,
and keep me in your care.

Monday Evening Reading

Thus said the Lord God, the Holy One of Israel: In returning and rest you shall be saved; in quietness and in trust shall be your strength. Isaiah 30.15

Monday Evening Prayer

O gracious and holy Father, give us wisdom to perceive you, diligence to seek you, patience to wait for you, eyes to behold you, a heart to meditate upon you, and a life to proclaim you, through the power of the spirit of Jesus Christ our Lord.

St Benedict

Tuesday Evening Reading

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light. Matthew 11.28-end

Tuesday Evening Prayer

Be with us, Lord, in all our prayers,
and direct our way toward the attainment of salvation,
that among the changes and chances of this mortal life,
we may always be defended by your gracious help,
through Jesus Christ our Lord.

Wednesday Evening Reading

Humble yourselves under the mighty hand of God,
so that he may exalt you in due time.
Cast all your anxiety on him, because he cares for you.

1 Peter 5.6,7

Wednesday Evening Prayer

O God, the protector of all who trust in you,
without whom nothing is strong, nothing is holy:
increase and multiply upon us your mercy;
that with you as our ruler and guide,
we may so pass through things temporal
that we lose not our hold on things eternal;
through Jesus Christ our Lord. Amen.

Thursday Evening Reading

Jesus said, 'I have said this to you, so that in me you may have peace. In the world you face persecution. But take courage; I have conquered the world!' John 16.33

***Be Still and know that I am God.
The God of Hosts is with us.***

Night Prayer

Thursday Evening Prayer

Lord Jesus Christ,
Son of the living God,
have mercy on me, a sinner. *(Repeat)* The Jesus Prayer

Friday Evening Reading

God has destined us not for wrath but for obtaining salvation through our Lord Jesus Christ, who died for us, so that whether we are awake or asleep we may live with him.

I Thessalonians 5.9,10

Friday Evening Prayer

I am giving you worship with all my life,
I am giving you obedience with all my power, I am giving you praise with all my strength,
I am giving you honour with all my speech. I am giving you love with all my heart,
I am giving you affection with all my sense, I am giving you my being with all my mind,
I am giving you my soul, O most high and holy God. Praise to the Father,

Praise to the Son, Praise to the Spirit, The Three in One.

adapted from Alexander Carmichael,
Carmina Gadelica (1900)

Saturday Evening Reading

Jesus said, 'I am the light of the world. Whoever follows me will never walk in darkness but will have the light of life.'

John 8.12

Saturday Evening Prayer

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.

from St Patrick's Breastplate

***Be Still and know that I am God.
The God of Hosts is with us.***

Night Prayer

Every Evening

Bring to God someone you have met or remembered today and for whom you want to pray.

Bring to God someone who is hurting tonight and needs your prayer.

Bring to God a troubled situation in our world tonight.

Before the ending of the day,
Creator of the world, we pray
That you, with steadfast love, would keep
Your watch around us while we sleep.

Tonight we pray especially for [names family or friends who are affected by Coronavirus] and the people of [country or place which is affected by Coronavirus].

Please give skill and wisdom to all who are caring for them. Amen.

Be present, O merciful God,
and protect us through the silent hours of this night,
so that we who are wearied by the changes and chances of this fleeting world,
may rest upon your eternal changelessness;
through Jesus Christ our Lord. Amen.

Visit this place, O Lord, we pray, and drive far from it the snares of the enemy;
may your holy angels dwell with us in peace, and may your blessing be always upon us;
through Jesus Christ our Lord. Amen.

The Lord's Prayer

Our Father in heaven, hallowed be your name,
your kingdom come,
your will be done, on earth as in heaven.
Give us today our daily bread.
Forgive us our sins as we forgive those who sin against us.
Lead us not into temptation but deliver us from evil.

For the kingdom, the power, and the glory are yours, now and for ever. Amen.

(or)

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come;
thy will be done; on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation; but deliver us from evil.
For thine is the kingdom, the power and the glory,
for ever and ever. Amen.

God our Father, by whose mercy
the world turns safely into darkness and returns again to light:
we place in your hands our unfinished tasks,
our unsolved problems, and our unfulfilled hopes,
knowing that only what you bless will prosper.

***Be Still and know that I am God.
The God of Hosts is with us.***

Night Prayer

To your love and protection
we commit each other and all those we love,
knowing that you alone are our sure defender,
through Jesus Christ our Lord.

Church of South India

The Conclusion

In peace we will lie down and sleep;
for you alone, Lord, make us dwell in safety.

Stay with me, O God, this night,
so that by your strength I may rise with the new day
to rejoice in the resurrection of your Son, Jesus Christ our Saviour. Amen.

The Lord bless us and watch over us;
The Lord make his face to shine upon us and be gracious to us;
The Lord look kindly upon us and give us peace. Amen.

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**Be Still and know that I am God.
The God of Hosts is with us.**