



Four Beautiful Churches - Three Parishes – One in Christ


## Meon Bridge Benefice Pew News

### 1<sup>st</sup> Sunday – 1 Oct 17 – 16<sup>th</sup> Sunday after Trinity

#### Services this week

<b>First Sunday</b> Proper XXI	8.00 am	Droxford	Holy Communion (BCP) Black Book p.229 Readings: Phil 2.1–13; Mat 21.23–32
<b>01 Oct 17 Harvest</b>	10.30 am	Meonstoke Hymns (HON) Preacher: Carol Mote TearFund Readings:	Family Communion (In Booklet) 133: Come, ye thankful people, come; 155: Fair waved the golden corn; <b>29: Amazing Grace;</b> 558: Praise and thanksgiving; 719: We plough the fields and scatter 2 Cor 9.6-15; Luke 12.16-30
Trinity 16	6.30 pm	Exton RS/ RP	Evensong: Black Book p.72 Ps 124; Ez 37.15–end; 1 John 2.22–end



Tues 03 Oct 17 George Bell	8.30 am	Exton	Morning Prayer Pss 48, 52; Wis 12.12–21; Mark 12.35–end
Weds 04 Oct 17 Francis of Assisi	8.30 am	Meonstoke 	Morning Prayer Ps 119.57–80; Wis 13.1–9; Mk 13.1–13
	5 pm	Droxford	Evening Prayer Ps 59; 1 Kings 17; Acts 20.1–16
Thurs 05 Oct 17	10 am	Droxford	Holy Communion p.1/ 166; Euch Prayer: E p.30/ 196 Nehemiah 8.1–12; Luke 10.1–12

## Events in the Diary:

1 Oct 17	10.30	<b>Harvest Festival</b>	St Andrew's, Meonstoke
		Preacher Carol Mote from TearFund. Gifts to the Food Bank and Roberts Centre and a retiring collection for TearFund	
	14.30	'The FOMS PROMS	The Meon Hall (£5)
7 Oct 17	19.00	Droxford Village Harvest Supper	Droxford Village Hall
8 Oct 17	10.30	<b>Harvest Festival</b>	St Mary & All Saints, Droxford
	18:30	<b>Reflections:</b> Ignatian Prayer	Corhampton (NEW!)
13 Oct 17	14.00	Funeral of Winnie Westbrook	St Mary & All Saints, Droxford
14 Oct 17	09.45	Depart Exton for West Meon via Warnford	
		St Wilfrid Meon Valley Pilgrimage Trail 2017	



MEON VALLEY  
**FOOD  
BANK**

### Meon Valley Food Bank - PLEASE HELP

Thank You for all your kind donations. MVFB has now been able to help **1096** people which would not be possible without your faithful support.

The items needed for the coming week are tinned meat meals, tinned potatoes, stock cubes, tinned vegetables (please no sweetcorn) and rice pudding.

### Hackney and Bishop's Waltham Deaneries Link

For many years the Deanery has collected food and clothes for a variety of church needs in Hackney to be taken up in December. Earlier this year our friends in Hackney told us that they now have built up their local contacts including food collections in their local Waitrose and several Schools so that they no longer need distance support. They have asked us to convey their warm thanks for our help over the years. Because of this there will be no collection of food and clothes for Hackney this Autumn. We shall still be grateful for any gifts of money which can be made payable to Bishop's Waltham Deanery and will support our seven partners including the Winter Night Shelter. We will hope to meet our partners again during a Walk of Prayer probably in August next year. Norman Chatfield.



### The St Wilfrid Meon Valley Pilgrimage Trail 2017

#### Exton to West Meon - Saturday 14th October

It will start at **Exton at 09.45**, walking via Warnford Church, to West Meon Church; arrive at noon for refreshment and a short service.

## SUNDAY SERVICES FOR OCTOBER AND NOVEMBER

<b>Date</b>	<b>Time</b>	<b>Service</b>	<b>Church</b>
<b>01 Oct 17</b> 16th Sunday after Trinity	08:00 10:30 18:30	Holy Communion (BCP) Harvest Family Eucharist (CW) Evensong	Droxford Meonstoke Exton
<b>08 Oct 17</b> 17th Sunday after Trinity	08:00 10:30 18:30	Holy Communion (BCP) Harvest Family Eucharist (CW) Reflections: Ignatian Prayer and Meditation	Meonstoke Droxford Corhampton
<b>15 Oct 17</b> 18th Sunday after Trinity	08:00 10:00 10:30 18:30	Holy Communion (BCP) Informal All Age Service Mattins: Wilfrid Luke: Celebration of Medicine	Exton Droxford Corhampton Meonstoke
<b>22 Oct 17</b> 19th Sunday after Trinity	08:00 09:30 10:30	Holy Communion (BCP) Informal All Age Service Holy Communion (CW)	Corhampton Meonstoke Exton
<b>29 Oct 17</b> Last Sunday after Trinity All Saints' Sunday (transferred)	08:00 10:30	Holy Communion (BCP) Holy Communion (CW) with Baptism	Corhampton Droxford
<b>05 Nov 17</b> 4th Sunday b. Advent All Souls' Sunday	08:00 10:30 15:30	Holy Communion (BCP) Family Eucharist (CW) Evensong for All Souls	Droxford Meonstoke Exton
<b>12 Nov 17</b> 3rd Sunday b. Advent Remembrance Sunday	08:00 09:30 10:50 15:30 18:30	Holy Communion (BCP) Village Act of Remembrance <i>RBL Remembrance Service</i> Village Act of Remembrance Remembrance Evensong	Meonstoke Meonstoke Droxford Exton Corhampton
<b>19 Nov 17</b> 2nd Sunday b. Advent	08:00 10:00 10:30	Holy Communion (BCP) Informal All Age Service Mattins	Exton Droxford Corhampton
<b>26 Nov 17</b> Christ the King	08:00 09:30 10:30	Holy Communion (BCP) Informal All Age Service Holy Communion (CW)	Corhampton Meonstoke Exton

# Ignatian Daily Prayer

## Presence

Dear Lord as I come to you today, fill my heart and my whole being with the wonder of your presence.

**Freedom:** Lord, grant me the grace to be free from the excesses of this life.

Let me not get caught up with the desire for wealth.

Keep my heart and mind free to love and serve you.

**Consciousness:** Jesus, You are always there waiting for me. Grant that I may be still more often. That I may always desire to spend time in your presence. To know Your peace, Your love.

**The Word of God** – read and re-read a text and notice any words that strike you or surprise you or speak to you in your current situation.

**Conversation:** To communicate we don't always need to talk. Can I imagine myself sitting quietly with Jesus? I looking silently at him and He at me. How do I feel?

**Conclusion:** Thank God for these few moments we have spent alone together and for any insights I may have been given concerning the text.

## The Examen – At the Heart of Ignatian Prayer

The Examen is a method of reviewing your day in the presence of God. It's actually an attitude more than a method, a time set aside for thankful reflection on where God is in your everyday life. It has five steps, which most people take more or less in order, and it usually takes 15 to 20 minutes per day. Here it is in a nutshell:

### THE EXAMEN

Ask God for light.

*I want to look at my day with God's eyes, not merely my own.*

Give thanks.

*The day I have just lived is a gift from God. Be grateful for it.*

Review the day.

*I carefully look back on the day just completed, being guided by the Holy Spirit.*

Face your shortcomings.

*I face up to what is wrong—in my life and in me.*

Look toward the day to come.

*I ask where I need God in the day to come.*

Version of the Examen from *A Simple, Life-Changing Prayer* by Jim Manney © Loyola Press

[www.ignatianspirituality.com](http://www.ignatianspirituality.com)

## For Your Prayers

In the morning: the day and its tasks; the world and its needs; the Church and her life. In the evening: peace; individuals and their needs.

In the Diocesan Cycle of Prayer, we pray for the Bishop, Christopher Foster, and all those listed in the Daily Prayer Guide (<https://www.portsmouth.anglican.org/news-and-events/prayer-diary>) .

For Diocesan Live Pray Serve Strategy and the next phase of our own LyCiG process: for our growth as a Benefice in spiritual depth and theological understanding, growth in our servanthood to the community and beyond, and growth in numbers and for our planning. We continue to pray for those preparing for baptism including Harry Voice (today) and Grace Miles-Board, and the recently baptised including August Hodgson, and those contemplating confirmation.

We pray for our Christian brothers and sisters in Ghana, especially in the Diocese of Wiaswo in western Ghana and linked to our deanery.

We pray for our local Street Pastors on the streets of Portsmouth.

For the recently married: Tom Fleming & Charlotte Symes and Chris Savory & Olivia Curtis (30Sep17); and, all those preparing for marriage later this year, including Joseph Leonard & Emily Harris. We pray for the newly born babies and for their parents.

For all those grieving and in any kind of sickness or need, including those in hospital or nursing homes, awaiting test results or treatment, and all those limited by degenerative conditions of all kinds. We pray for David Henley (Priest) who had another major operation on Thursday and is recovering steadily (Otter Ward, The Royal Devon and Exeter Hospital, Barrack Road, Exeter, Devon. EX2 5DW).

We pray for the world: the victims of hurricanes, earthquakes, mudslides and floods; for those displaced by virtue of creed or colour, especially the Rohingya, those attacked by Boko Haram, victims of torture in Egypt and Yazidi women fleeing IS abuse; the desperate suffering in the Yemen.

We pray for the recently departed, including Winnie Westbrook, 'Dick' Mainwaring and Molly Farnell, and for all those whom we love but see no longer; and, those in the Year's Mind. Rest eternal grant unto them, O Lord, and light perpetual shine upon them. May the rest in peace and rise in glory. Amen.

## **CONTACT DETAILS**

<http://www.bridgechurches.org.uk/> & <https://www.facebook.com/MeonBridgeBenefice/>

RECTOR: Fr Tony Forrest (01489)877422 [rector.meonbridge@btinternet.com](mailto:rector.meonbridge@btinternet.com)

usual rest day is Monday.

CURATE: The Revd Samantha Martell, 232041 [RevSamantha@alpha-omega.me](mailto:RevSamantha@alpha-omega.me),

Usual rest day is Friday

Assistant Priest: The Rev'd Canon Anthony Hulbert 878289

LICENSED LAY MINISTERS

Reader: Cathy Mathews 877804

Reader emeritus: Pauline Quarendon 877392

CHURCH WARDENS

DROXFORD: Ann Symes 877643 & Sheila Matthissen 877867

EXTON: Hugh Parry 878860 & Richard Pepys 878035

MEONSTOKE WITH CORHAMPTON: Angela Peagram 878725

and Ruth Shipley 878436

WEDDINGS: Mrs Sue Wells 01329 834130 - [sjwells@meonwood.co.uk](mailto:sjwells@meonwood.co.uk)

## Services Next week

<b>Second Sunday</b>	8.00 am	Meonstoke	Holy Communion (BCP), p.229 Phil 3.4b-14; Mat 21.33-end
Trinity 17	10.30 am	Droxford	Holy Communion (CW); Black Book p.166; EP: B p.188
Harvest		Hymns Amns	289 Come, ye thankful people, come; 370 God, whose farm is all creation; 291 To thee, O Lord, our hearts we raise; 259 My God, and is thy table spread; 290 We plough the fields and scatter
08Oct17		Readings:	2 Cor 9.6-15; Luke 17.11-19
	6.30 pm	<b>Corhampton</b>	Reflections: Ignatian Prayer and Meditation



Tues 10Oct17 <i>Paulinus</i>	8.30 am	Meonstoke	Morning Prayer: Psalm 73 1 Maccl.20-40 (2 Chron10.1-11.4; Mark 14.12-25
Wed 11Oct17 <i>James the Deacon</i>	8.30 am	Meonstoke	Morning Prayer Ps77; 1Maccl.41-end; Mk14.26-42
	5.00 pm	Droxford	Evening Prayer Ps 119.81-104; 1 Kings 22.29-45; Acts 23.12-end
Thurs 12Oct17 <i>Wilfrid</i>	10 am	Droxford	Holy Communion p.1/ 166; Euch Prayer: E p.30/ 196 1 Cor 1:18-25; Luke 5.1-11

